



*Astares*  
MENSWEAR

# How to measure for a Suit Jacket

## Chest -

Lift your arms and get a second person to stand in front of you to take the sizes. The tape measure is to go under your armpits, around your shoulder blades and over the widest part of your chest. This is usually the nipple line. This measurement should be firm but so you can slide the tape measure from side to side.

If the garment is a slim fit and you have a tummy, if you would like to fasten the jacket then we recommend add 2" to the size that you measure to that which you order. For example, if you measure a 38" and would like a more comfortable fit, order the 40".

## Length

As a general rule for jacket length, we recommend the below guide. If you prefer to have your jacket sleeve length a little longer down your wrist/hand, just order the next length up.

Your Height	Jacket Length
5'4" - 5'7"	Short (S)
5'7.5" - 5'11"	Regular (R)
5'11.5" - 6'2.5"	Long (L)

## Nested Suit

Please note if buying a nested suit, this means that the suit comes as a 3 piece set. In this scenario, you would order from the jacket size and receive the trouser that is 6" slimmer than the jacket chest size. If you order a 38R jacket you would receive the 38R waistcoat and 32R trouser. Please see our our guide on nested suits.