



*Astares*  
MENSWEAR

# How to measure for suit Trousers

## Waist-

Stand face on a get a second person to take the measurement . The tape measure needs to be where your trouser waistband would sit. This is usually high on your hips. If you have a tummy, then please measure under your tummy if this is where you wear your trousers. The tape measure needs to be firm measurement but also you should be able to get two fingers between the hip and tape measure

If these are a slim fit garment and you prefer a little more comfort and room, we recommend ordering the next size up. . For example, if you measure a 34" and would like a more comfortable fit, order the 38". It is quite common for your trouser size to be a size bigger than that which you may purchase your jeans from the high street.

## Length

To measure your inside leg, put on a pair of trouser and make sure they are pulled up high so sitting on your waist correctly as per the photo.

Get a second person to measure from the top seam on the inside of your crutch to the bottom of the shoe. where you like the trouser hem to be. If you would like a longer trouser, measure to just above the sole of the shoe.

Below is an average guide as to what to buy if the re is no iformation on the lengths size other than short, reg and long.

**Short (S)**     29 -30" inside leg

**Regular (R)**   31-32 " inside leg

**Long (L)**     33 -34" inside leg

## Nested Suit

Please note if buying a nested suit, this means that the suit comes as a 3 piece set. In this scenario, you would order from the jacket size and recieve the trouser that is 6" slimmer than the jacket chest size. If you order a 38R jacket you would recieve the